

“Building Spiritual Strength”

Spiritual strength must be built

Ephesians 1:19-20 NLT

¹⁹ I also pray that **you will understand the incredible greatness of God's power for us who believe** him. This is the same mighty power ²⁰ that raised Christ from the dead and seated him in the place of honour at God's right hand in the heavenly realms.

1 Timothy 4:7 Paul... "... train yourself to be godly"

Access to God's power...

Ephesians 6:10_{ESV}

¹⁰ ...Be **strong** in the Lord and the **strength** of his **might**.

strong - *endynamoō*... 'empowered' in soul / purpose

strength – *kratos*... 'dominion / perfecting power'

might – *ischus*... 'holding ability & exert force'

7 Ways to build spiritual strength

1. THE WORD OF GOD

Matthew 4:4

2. PRAYER (& FASTING)

Daniel 9:3

3. WORSHIP

Acts 16:25

4. WAITING ON GOD

Isaiah 40:31

5. TESTED FAITH

James 1:3

6. BE PLANTED

Psalms 92:12-13

7. REMAIN CONNECTED TO CHRIST

John 15:5

Success brings attention

Daniel 6:1-5 NLT

¹ Darius the Mede decided to divide the kingdom into 120 provinces... ³...Because of Daniel's great ability, the king made plans to place him over the entire empire.

⁴ ...the other administrators and high officers began searching for some fault in the way Daniel was handling government affairs, but they couldn't find anything to criticize or condemn. **He was faithful, always responsible, and completely trustworthy.** ⁵ So they concluded, "Our only chance of finding grounds for accusing Daniel will be in connection with the rules of his religion."

“Prayer is where the power is!”

Daniel 6:10 NLT

¹⁰ But when Daniel learned that the law had been signed, he went home and knelt down as usual in his upstairs room, with its windows open toward Jerusalem. He prayed three times a day, just as he had always done, giving thanks to his God.

“God is not looking for perfect prayers; he is looking for honest ones.”

Pete Greig

Different aspects of prayer..



God's strength in Daniel...

Daniel 6:16-21 NLT

¹⁶ ...(*under pressure*) the king gave orders for Daniel to be arrested and thrown into the den of lions. The king said to him, “**May your God, whom you serve so faithfully, rescue you.**”

¹⁸ Then the king returned to his palace and **spent the night fasting...**

¹⁹ Very early the next morning, the king ...hurried out to the lions' den.

²⁰ ...he called out in anguish, “**Daniel, servant of the living God!** Was your God, **whom you serve so faithfully**, able to rescue you from the lions?” ²¹ Daniel answered, “Long live the king!...”

“Building Spiritual Strength”

Q. What areas of spiritual strength can I develop?

Q. How will I be approaching prayer / fasting this week , and what are my faith expectations?