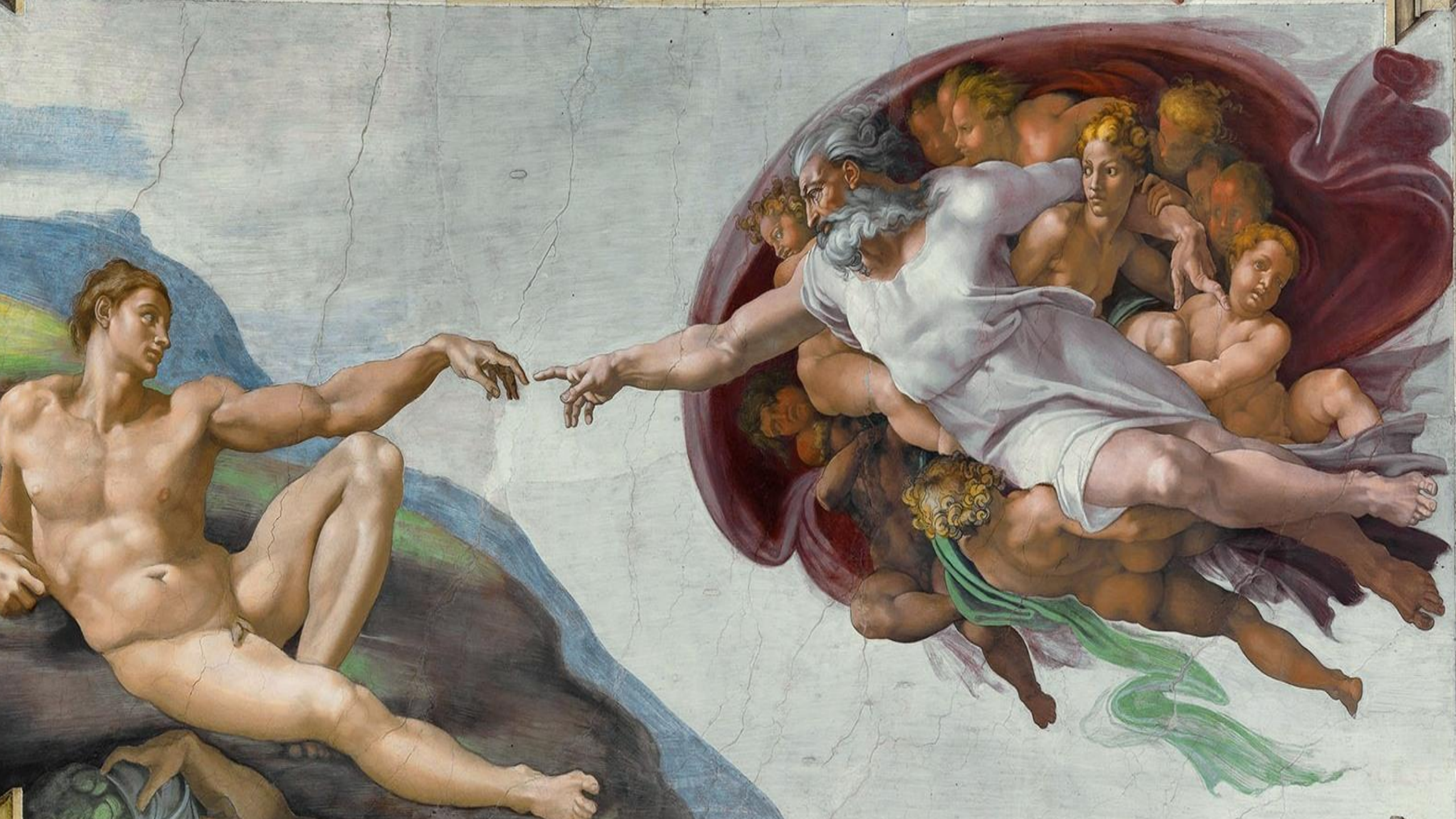


“Knowing Our Heavenly Father”

Why did Jesus come into this world?





1. From Creation to Adoption

Galatians 4:4-6 ESV

⁴ But when the fullness of time had come, **God** sent forth his **Son**, born of woman, born under the law, ⁵ to redeem those who were under the law, so that we might receive adoption as sons. ⁶ And because you are sons, God has sent the **Spirit** of his Son into our hearts, crying, “**Abba! Father!**”

2. Do You Know Your Heavenly Father?

Matthew 11:28 NIV

²⁸ “Come to me, all you who are weary and burdened, and I will give you rest.²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy and my burden is light.”

“Jesus gives us the astonishing privilege of addressing the Creator of the universe as ‘Our Father.’”

R.C Sproul

The Lord's Prayer – Matthew 6:9-13 ESV

⁹ Pray then like this:

“Our Father in heaven,
hallowed be your name.

¹⁰ Your kingdom come,
your will be done,
on earth as it is in heaven.

¹¹ Give us this day our daily bread,
¹² and forgive us our debts,
as we also have forgiven our debtors.

¹³ And lead us not into temptation,
but deliver us from evil.”

3. Trusting Your Heavenly Father

Romans 8:15 ESV

¹⁵ For you did not receive the spirit of slavery to fall back into fear, but **you have received the Spirit of adoption as sons**, by whom we cry, “Abba! Father!”



Matthew 6:26 ESV → **Your Father Provides**

²⁶ Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?

Matthew 6:28-30 ESV → **Your Father Cares**

²⁸ And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, ²⁹ yet I tell you, even Solomon in all his glory was not arrayed like one of these. ³⁰ But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith?

Matthew 6:31-34 ESV → **Your Father Knows**

³¹ Therefore do not be anxious, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³² For the Gentiles seek after all these things, and **your heavenly Father knows** that you need them all. ³³ But seek first the kingdom of God and his righteousness, and all these things will be added to you. ³⁴ Therefore, do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.

The promise is not the absence of need, but the sufficiency of His care and the certainty of His character.

Psalm 46:1 ESV

¹ God is our **refuge** and **strength**, a very present help in trouble.

1 John 3:1 ESV

¹ See what kind of **love** the Father has given to us, that we should be called **children of God**; **and so we are.**

- **Do I truly know the Father?**
- **What is keeping me from drawing near to Him?**
- **What do I need to entrust to His hands today?**
- **If Jesus lived and died to restore me to communion with the Father, am I living in that communion today?**
- **What is one step I can take this week to draw nearer to my Heavenly Father?**

Discussion Questions

1. How does understanding yourself as an adopted child of God change the way you think about your identity, your value, or your relationship with Him?
2. What do you think is the difference between knowing about God and truly knowing Him as your Heavenly Father? What helps—or hinders—you from drawing close to Him?
3. Matthew 6 reminds us that our Heavenly Father provides, cares, and knows what we need. Which of these truths do you find easiest to believe? Which is the hardest to trust in your current circumstances, and why?
4. How can remembering that you are God's child help you respond differently to anxiety, uncertainty, or difficult situations this week?
5. What is one practical step you can take this week to deepen your relationship with your Heavenly Father, and how can your life group encourage or pray for you?

“Knowing Our Heavenly Father”