

LESSON SUMMARY



Praise & Worship Songs

[Not Forgotten](#)



[I love you](#)



Watch Today's Lesson & Bible Story

Watch today's Lesson – **Fruit of the Spirit:**
SELF-CONTROL
Includes our bible story video.



Memory Verse

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.
Galatians 5 v 22

Game Time Challenge

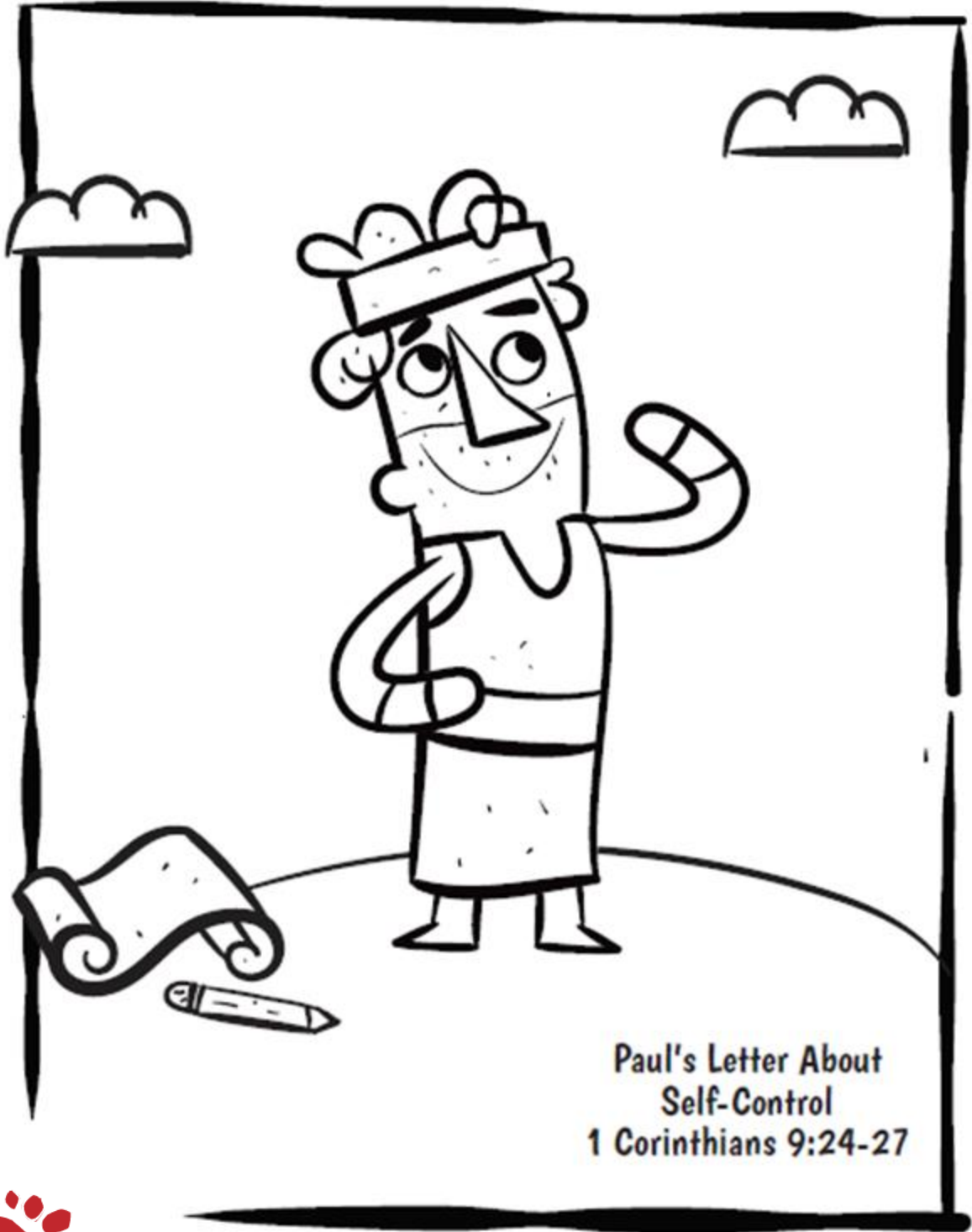
[Post-It-Note Game Challenge](#)



Pri's Activity of the week

[Click to watch...](#)





Name: _____

Send pictures to: 07306 355003
Or email to rtomas@bcc.church

Date: 6th December 2020



Wordsearch



Find the words from today's lesson hidden in the word search below.

ACTIONS
DISCIPLINE
GALATIANS
SPIRIT

CONTROL
FEELINGS
PAUL
STRUGGLE

CORINTHIANS
FRUIT
SELF
THOUGHTS

F C J A L S G V W C N F E C E E C K
B O S N C U N F U U S L F J P O X H
M N N S G T A A N S G E C L R I O H
D T I U R F I P I G V S N I S A B Q
N R A I J G M O U T P I N L G X A H
D O G V R X Q R N I A T B B N R P M
H L Y L I Q T L R S H L K L I Q Q O
T O G N V S Y I W I Z T A K L B V H
T H O U G H T S A R P E J G E F C Z
P E O N D A Q N Q A X S S J E M K F
A E P K Q F S C F O N C P L F I T T
S H U E N I L P I C S I D E O Y N E



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Put into Practice...

Take a few minutes to answer these questions with your mum, dad or another grown up.

SELF-CONTROL MEANS WE HAVE THE ABILITY TO CONTROL OUR THOUGHTS, ACTIONS AND FEELINGS.

1. Have you ever done something you wished you didn't do? How did it make you feel?
2. How would controlling your actions have changed that situation?
3. How does acting or thinking badly impact your ability to show God's love to others?
4. Describe a situation recently where you felt angry, sad or upset. What did you do?
5. God gives us the ability to control our actions! What is one action you can ask God to help you change this week?
6. Weekly Challenge Question – This week, what action, thought or feeling can you ask God to help you change and how will you control it?