

“Making Space...”

Creating "Space" is a biological necessity

Research in psychology, neuroscience, and occupational health shows that intentionally creating downtime in a busy life is not just a luxury—it is essential for:

Brain Function

Emotional Resilience

Physical Health

Harvard Health Publishing, 2017

God is drawn to “Emptiness”...

Genesis 1:2 NLT

²The earth was **formless and empty**, and darkness covered the deep waters. And the **Spirit of God was hovering** over the surface of the waters.

Revelation 3:17 NIV

¹⁷You say, ‘I am rich; I have acquired wealth and **do not need a thing.**’ But you do not realize that you are wretched, pitiful, poor, blind and naked.

"The world is perished for lack of the knowledge of God, and the Church is famished for want of His presence. We MUST invite Him into our crowded lives."

A.W. Tozer, The Pursuit of God

Prophetic word: 'Going deeper with the LORD requires time and patience'.

Illustration: A furnished house crammed full of furniture.

In every room and hallway there's so much furniture that you can barely move around without bumping into something. You try to enter through the front door, and the door won't open properly because there are bulky items in the hallway. You have to squeeze your way in sideways just to get into the property, and moving around through each room is very difficult. There just isn't enough space.

The house represents our lives, the space in the house is our time, and the furniture represents our activities, which if allowed to increase to such a high degree, can fill & clutter...

When hope is fading – what do we see?

2 Kings 4:1-2 NLT

¹ One day the widow of a member of the group of prophets came to Elisha and cried out, “My husband who served you is dead, and you know how he feared the LORD. But now a creditor has come, threatening to take my two sons as slaves.”

² “What can I do to help you?” Elisha asked.

“Tell me, **what do you have in the house?**”

“Nothing at all, **except a flask of olive oil,**” she replied.

Emptiness – space for God to work

2 Kings 4:3-6 NLT

³ And Elisha said, “Borrow as many **empty jars** as you can from your friends and neighbours. ⁴ Then go into your house with your sons and **shut the door behind you**. Pour olive oil **from your flask into the jars**, setting each one aside when it is filled.”

⁵ So **she did as she was told**. Her sons kept bringing jars to her, and she filled one after another. ⁶ Soon **every container was full to the brim! ...**

Q. What stopped the oil?

2 Kings 4:6-7 NLT

⁶ ...“Bring me another jar,” she said to one of her sons.

“There aren’t any more!” he told her. And then the olive oil stopped flowing.

⁷ When she told the man of God what had happened, he said to her, “Now sell the olive oil and pay your debts, and you and your sons can live on what is left over.”

“Making Space...”

**Q. Where can I make Kingdom space in my life
– what needs uncluttering?**

**Q. What’s the spiritual and personal impact on
not making space for God to move?**