

THE TRUTH ABOUT...

“Satisfaction”

Nature Tells us Something

Proverbs 30:15-16 NLT

The leech has two suckers that cry out, “More, more!”
There are three things that are **never satisfied** — no,
four that never say, “Enough!”: the grave, the barren
womb, the thirsty desert, the blazing fire.

Observation: Nature itself is not satisfied!

“Life satisfaction is the degree to which a person positively evaluates the overall quality of his/her life as a whole. In other words, how much the person likes the life he/she leads”

Ruut Veenhoven, 1996
(highly regarded life satisfaction scholar)

Subjective evaluation: it's about feelings and one's thinking

Q. Is there an Objective Way to Measure Satisfaction?



Life Satisfaction Questionnaire:

Five statements that you may DISAGREE or AGREE with.

Using a scale of 1 (Strongly Disagree) - 7 (Strongly Agree) indicate your score to each statement:-

1. _____ In most ways my life is close to my ideal.
2. _____ The conditions of my life are excellent.
3. _____ I am satisfied with my life.
4. _____ So far I have gotten the important things I want in life.
5. _____ If I could live my life over, I would change almost nothing.

Total Scoring: Add all lines

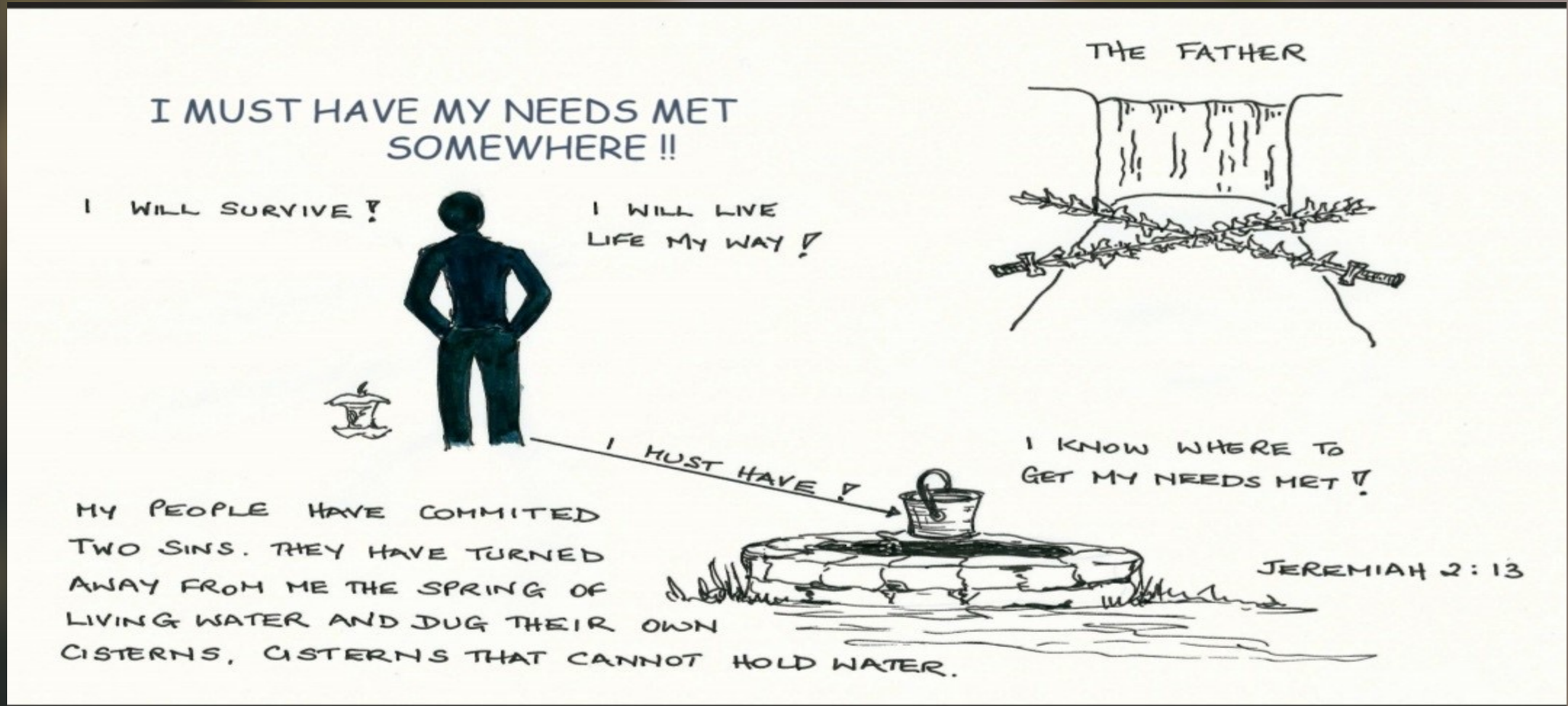
- ☐ 31 - 35 Extremely satisfied
- ☐ 26 - 30 Satisfied
- ☐ 21 - 25 Slightly satisfied

- ☐ 20 Neutral
- ☐ 15 - 19 Slightly dissatisfied
- ☐ 10 - 14 Dissatisfied
- ☐ 5 - 9 Extremely dissatisfied , Image, etc...

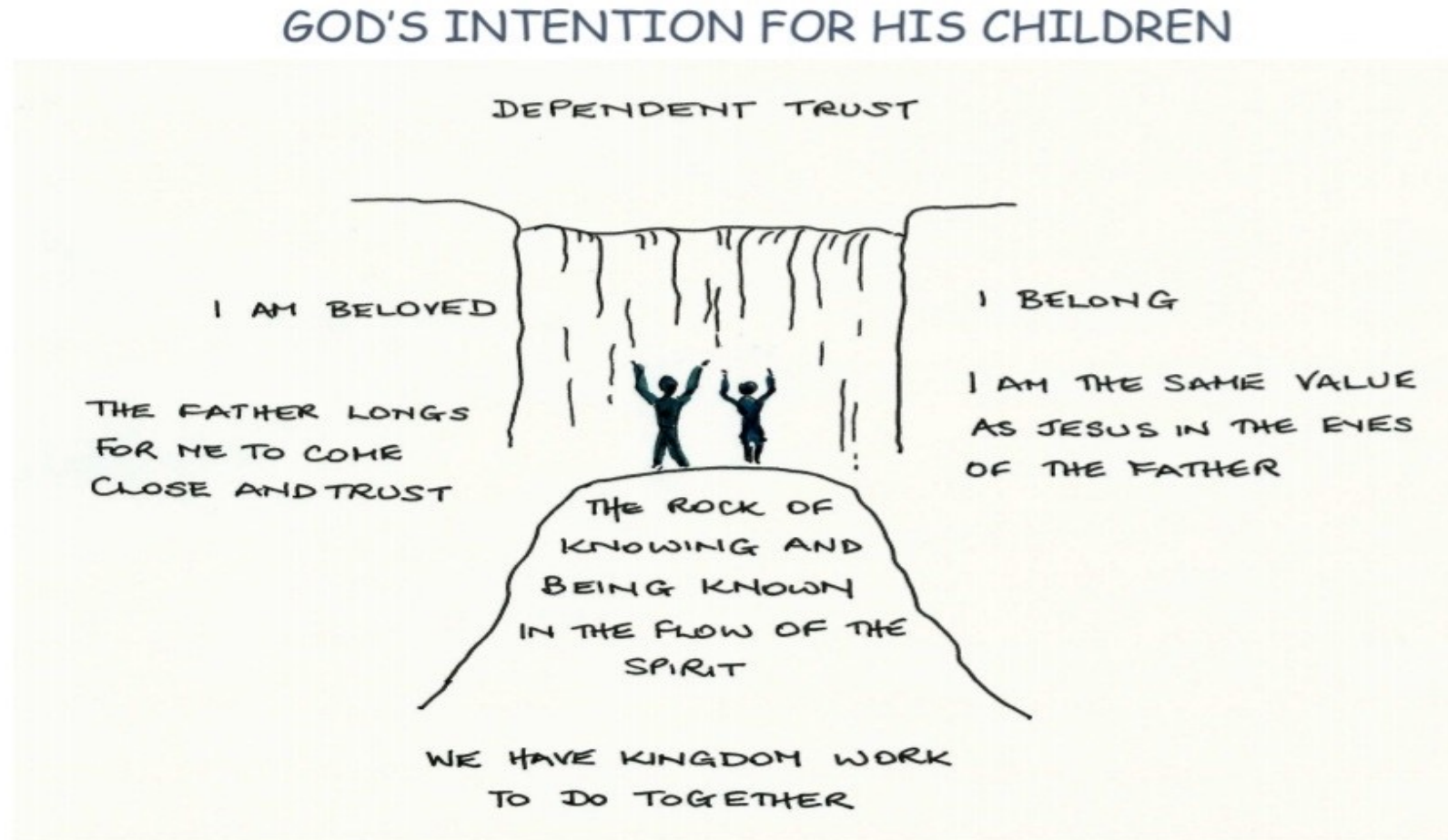
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Look at the statements. Are they really objective?
The IDEAL ... Finding The 'IT' (Tim Keller)

Q. What is Really the Problem?



Core need of EVERY individual



To belong and to be loved, to know I am valued and I have a purpose! This is the 'IT'!
John 7:38 "Whoever believes in me, as Scripture has said, rivers of living water will flow from within them."

Eph. 3:17-19 NLT

¹⁷ Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God's love and keep you strong. ¹⁸ And may you have the power to understand, as all God's people should, how wide, how long, how high, and how deep his love is. ¹⁹ May you experience the love of Christ, though it is too great to understand fully. Then you will be made **complete with all the fullness of life** and power that comes from God.

What about the Believer?

Is Life Perfect? No.... Can we be in an unsatisfactory situation and still be satisfied?

Examples:

The Disciples Acts 5:40-42 ⁴⁰ ‘...They called the apostles in and **had them flogged**. Then they ordered them not to speak in the name of Jesus, and let them go. ⁴¹ The apostles left the Sanhedrin, rejoicing because they had been counted worthy of suffering disgrace for the Name. ⁴² Day after day, in the temple courts and from house to house, **they never stopped teaching and proclaiming** the good news that Jesus is the Messiah.’

Jesus our Lord Mt 26:38-54 ³⁸He told them, “**My soul is crushed with grief** to the point of death. Stay here and keep watch with me.” ³⁹He went on a little farther and bowed with his face to the ground, praying, “My Father! **If it is possible, let this cup of suffering be taken away from me**. Yet I want your will to be done, not mine’ ...

⁵³ **Don’t you realize that I could ask my Father for thousands of angels** to protect us, and he would send them instantly? ⁵⁴ But if I did, how would the Scriptures be fulfilled...

1. Despite ALL circumstances, knowing my purpose finds life satisfaction.
2. Paul learnt a secret: **Phil 4:12-13**

Q. Is Satisfaction Guaranteed? YES!

Ps. 107:9 For **he satisfies** the longing soul, and the hungry soul he fills with good...

Prov. 19:23 The fear of the LORD leads to life, and whoever has it **rests satisfied**; he will not be visited by harm.

Ps. 103:1-5 ¹Bless the LORD, O my soul, and all that is within me, bless his holy name!

²Bless the LORD, O my soul, and forget not all his benefits, ³who forgives all your iniquity, who heals all your diseases, ⁴who redeems your life from the pit, who crowns you with steadfast love and mercy, ⁵**who satisfies you** with good so that your youth is renewed like the eagle's.

Matt. 5:6 Blessed are those who hunger and thirst for righteousness, for **they shall be satisfied**.

Jer. 31:25 ...**I will satisfy** the weary soul, and every languishing soul I will replenish.

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