

“Impact Of The Few”

Defining Moments - Accelerate Change (Men's Mile)

Roger Banister
6th May 1954
"Broke 4 min. mile"



Josh Kerr, 18th July 2026.

"To my family, my team, and everyone who believed – thank you. It took a lifetime of work and 222 seconds to execute."

Q. Can a few people make a difference?

Mark 2:1-5 NLT

¹ A few days later, when Jesus again entered Capernaum, the people heard that he had come home. ² They gathered in such large numbers that there was no room left, not even outside the door, and he preached the word to them. ³ Some men came, bringing to him a paralyzed man, carried by four of them. ⁴ Since they could not get him to Jesus because of the crowd, they made an opening in the roof above Jesus by digging through it and then lowered the mat the man was lying on. ⁵ When Jesus saw their faith, he said to the paralyzed man, “Son, your sins are forgiven.”

1. The Crowd Can Dominate Space

Mark 2:2 NLT

² They gathered in such large numbers that there was **no room left**, not even outside the door, and he preached the word to them.

Jesus drew crowds but for God, strength is not about size.

Judges 7:2 NLT ² The Lord said to Gideon, “You have too many warriors with you. If I let all of you fight the Midianites, the Israelites will boast to me that they saved themselves by their own strength...”

2. The Few Can Change Destinies

Mark 2:3-4 NLT

³ Some men came, bringing to him a paralyzed man, carried by four of them. ⁴ Since they could not get him to Jesus because of the crowd, they made an opening in the roof above Jesus by digging through it and then lowered the mat the man was lying on.

3. The Faith of the Few Becomes Visible...

Mark 2:5 NLT

⁵ When Jesus **saw their faith**, he said to the paralyzed man, “Son, your sins are forgiven.”

Jesus knew teachers of the law were critical of him forgiving sins...

⁹ Which is easier: to say to this paralyzed man, ‘Your sins are forgiven,’ or to say, ‘Get up, take your mat and walk’?

¹¹ “I tell you, get up, take your mat and go home.” ¹² He got up, took his mat and walked out in full view of them all...

Overload... Or Shared Load



Slow, Risky, Obstructive, Inefficient, Burnout

Q. Impact of the few?

- 1. Stimulate ideas**
- 2. Carry greater load**
- 3. Navigate problems**
- 4. Travel further, faster**
- 5. Function with focus**
- 6. Maximise efficiency**
- 7. Discern spiritually**

One Body – Many Parts. All Involved...

1 Cor 12:12 & 27_{NLT}

¹²The human body has many parts, but the many parts make up one whole body. So it is with the body of Christ.

²⁷**All of you together** are Christ's body, and each of you is a part of it.

Adam Grant '*Hidden Potential*'... Collective intelligence:

“The most effective teams are NOT composed of the smartest individuals, but the most ‘team players’ (people who excel at collaborating with others).” ref. Prof. Anita Woolley PhD

“When Jesus started His ministry, the very first thing He did was form a small group.”

- Rick Warren

“Impact Of The Few”

Q. How is it possible that a few people, trusting God, can make such a big impact?

Q. What serving group am I part of and what greater Kingdom difference can we make?