



MOBILISING KINGDOM LIVING

FAITH & RISK • PERSEVERANCE • DAILY

“THROUGH A LIFE OF PILGRIMAGE”



Ultreia et Suseia: Onward and Upward

Scripture: 1 Peter 2:11 (NKJV)

"Beloved, I beg you as sojourners (*people who journey*) and pilgrims, abstain from fleshly lusts which war against the soul."

“This hill, though high, I covet to ascend;
The difficulty will not me offend.
For I perceive the way to life lies here.
Come, pluck up, heart; let's neither faint nor fear.
Better, though difficult, the right way to go,
than wrong, though easy, where the end is woe.”

— John Bunyan, *The Pilgrim's Progress*

How Do We Walk The Narrow Path?

1. By Abstaining From Fleshly Lusts

1 Peter 2:11 (NKJV)

Beloved, I beg you as sojourners (*people on a journey*) and pilgrims, abstain from fleshly lusts which war against the soul.

How Do We Walk The Narrow Path?

2. By Worshipping God and Meditating on His Word

Philippians 4:8 (NIV)

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

A large blue and white striped tent is the central focus in the background, set up on a grassy field. The tent has a pointed top and is supported by a network of poles. In the foreground, a white sign is mounted on a black pole. The sign features the word "BECOME" in red with a small crown icon, followed by a quote in black serif font. At the bottom of the sign, the reference "JOHN 8:31 RSV" is printed in red. The background shows a clear blue sky with scattered white clouds, and other smaller white tents and people are visible in the distance.

 **BECOME**

*If you
remain in
my word,
you will
truly be my
disciples*

JOHN 8:31 RSV

Scripture: Psalm 119: 9–11 (NIV)

How can a young person stay on the path of purity?
By living according to Your Word.
I seek you with all my heart;
do not let me stray from Your commands.
I have hidden Your word in my heart
that I might not sin against You.

How Do We Walk The Narrow Path?

3. By Remembering That Our Citizenship is in Heaven

Philippians 3: 18–21 (NIV)

For, as I have often told you before and now tell you again even with tears, many live as enemies of the cross of Christ. Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is set on earthly things. But **our citizenship is in heaven**. And we eagerly await a Saviour from there, the Lord Jesus Christ, who, by the power that enables Him to bring everything under his control, will transform our lowly bodies so that they will be like His glorious body.

Questions

1. On the Camino, carrying too much weight made the walk harder. What is one “weight” (habit, fear, distraction, etc.) you feel God might be asking you to lay down in order to walk lighter with Him?
2. Why do you think it’s so important not just to *read* the Bible, but to *store it* in our hearts? Which Scriptures have lifted you up in times of need?
3. What difference does it make in how we live if we truly see ourselves as *citizens of heaven* rather than just people passing through this world?
4. Where do you find yourself most tempted to set your mind on “earthly things” rather than “heavenly things”?
5. Think of a trial you’ve faced recently. How could remembering “this world is not my home” shift the way you see that situation?
6. Pilgrims travel with purpose, knowing their destination. What does living with that kind of intentionality look like in your daily routine — at school, work, or home?