

# **“Power of Thankfulness”**

# God makes himself visible...



Rom. 1:20-21 NLT <sup>20</sup> ...ever since the world was created, people have seen the earth and sky. Through everything God made, they can clearly see his invisible qualities—his eternal power and divine nature. So they have no excuse for not knowing God...

# Thankfulness – Central to God's will

1 Thess. 5:16-18 NIV

<sup>16</sup> Rejoice always, <sup>17</sup> pray continually, <sup>18</sup> give thanks in all circumstances; for this is God's will for you in Christ Jesus.

Q. When did I last deliberately thank God for what's good?

# Thankfulness – Reveals God’s Peace

Philippians 4:6-7,13<sub>NLT</sub>

<sup>6</sup> Don’t worry about anything; instead, pray about everything. Tell God what you need, **and thank him for all he has done.**

<sup>7</sup> Then you will **experience God’s peace**, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

<sup>13</sup> For I can do everything through **Christ, who gives me strength.**

# Thankfulness – Entrance to God's Presence

Psalm 100:4-5<sub>NLT</sub>

<sup>4</sup> Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name.

<sup>5</sup> For the LORD is good. His unfailing love continues forever, and his faithfulness continues to each generation.

# Thankfulness – Anticipates God's miracles

Matthew 15:35-37 NIV

<sup>35</sup> He (*Jesus*) told the crowd to sit down on the ground.

<sup>36</sup> Then he took the seven loaves and the fish, and **when he had given thanks**, he broke them and gave them to the disciples, and they in turn to the people. <sup>37</sup> They all ate and were satisfied. Afterwards the disciples picked up seven basketfuls of broken pieces that were left over.

# Our challenge – Prayerful invitations...

**EASTER**

**3-5<sup>th</sup> April 2026**



Q. Who am I inviting ?

**“In happy moments, PRAISE God.  
In difficult moments, SEEK God.  
In quiet moments, WORSHIP God.  
In painful moments, TRUST God.  
Every moment, THANK GOD.”**

Rick Warren

# Expressing Gratitude – Profound differences...

| My Life:      | Positive Impact:                          |
|---------------|---|
| Mental Health | Less stress, anxiety; Feel more '+'       |
| Relationships | Stronger connections; Inc. value & trust  |
| Happiness     | See the good, more satisfied; Feel joy    |
| Health        | Lower blood pr.; Better sleep, +wellbeing |
| Faith         | Strengthens my spiritual life             |

# Jesus came to give us an incredible life...

John 10:9-10 NLT

<sup>9</sup> Yes, I am the gate. Those who come in through me will be saved. They will come and go freely and will find good pastures. <sup>10</sup> The thief's purpose is to steal and kill and destroy. My purpose is to give them a *\*rich and satisfying life*.

*\*Gk. perissos - superabundant (in quantity) / superior (in quality)*

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