



# Discovery Bible Experience

## 1<sup>st</sup> Meeting Only Facilitator's Guide

*Note:* Before beginning a new book, encourage the group to read an overview of it in a study Bible or commentary.

### Before the Group time

- Fill in the information in the PREPARE section. Write in the Scripture reference and only one to three sentences for the overview and what the passage is about. Use a study Bible or commentary for information on the book and passage.
- Pray for the group and depend on the Holy Spirit to lead, guide, and bless your time together.
- *Important:* Statements in brackets are instructions for you. Statements in **bold** are what you say to the group.

### Beginning the Group time

- [Begin with a *brief* chitchat time.] **How are things going? How are you doing?**
- **Let's begin with prayer.**
- **Let me first explain the DBE Process.** [Hand out the *DBE Process* page and briefly explain each part.]
- [Next, hand out the *Discovery Bible Experience*, and briefly explain each part on all 4 pages.]
- [After explaining the *Discovery Bible Experience*, continue with the following PREPARE section.]

### PREPARE

- **Let's start with page 1. Take a moment and read *only* the *Remember* section. Just look up when you are done.**
- [When everyone is finished the *Remember* section, continue with the following:]
- **Now, let each of us *silently* do *both* bullet points in the *Pray* section. Just look up when you are done.**
- [When everyone is finished, continue with the following:]
- **The Scripture passage for our time is:** \_\_\_\_\_.
- **Before we read it, the book of** \_\_\_\_\_. [Give a *brief* purpose or overview of the book.]

- **This passage** [Repeat the passage reference and give a *brief* statement of what this passage is about.]

- **Let's continue on page 2 with the Scripture Passage for our time.**
- [Read the instruction below, which is the same as the bullet point instruction on the top of page 2.]
- **Take a minute or two and read the passage silently before we begin discussing each verse separately.**
- **Just look up when you are done.**
- [Turn this page over while the group is reading the passage.]

- [When everyone is finished reading the Scripture on page 2, continue with the following EXPLORE section.]

## EXPLORE

- **Let's do the EXPLORE section, beginning on the top of page 3.**
  - [Read the instruction below, which is the same as the bullet point instruction on the top of page 3.]
  - **As a group, we will read and discuss the passage *one verse at a time*. Write the verse number in the left column and write down any thoughts or notes during the discussion.**
  - **Look at the first verse.** [Read the verse out loud and then use the Group Discussion question below.]
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### • Group Discussion question

- **What do you see or observe in this verse (a truth, insight, key word)? Share what you see or observe.**
  - [Allow time for responses and repeat the question as needed to encourage discussion.]
  - [If needed, ask any of the following additional questions.]
    - **Does anything get your attention or interest in this verse?**
    - **What does** [insert a word or phrase from the verse] **mean or imply?**
    - **Does this verse raise any questions?**
    - **Is there anything else you see or observe?**
  - [After *each verse* is discussed, say:] **Look at the next verse.** [Read it out loud, or ask someone to read it, then start exploring the verse with the first Group Discussion question above.]
  - [After *all the verses* have been discussed, continue with the following FOCUS and RESPOND sections.]
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## FOCUS and RESPOND

- **Turn to page 4 and follow along as I read the FOCUS instruction and both parts a & b.** [Read them.]
- **Now continue *on your own* and do as much of the FOCUS and RESPOND sections as you can during this time.**
- [Let the group continue working on page 4 *until six to seven minutes before the end of the meeting time*. At that time, continue with the following Concluding the Group time section.]

## Concluding the Group time

- **If you did not finish all of the FOCUS and RESPOND sections at this time, it's important to complete them on your own *in the next day or so*.**
- **Before we're done, let's each share *only* what we're focusing on—what we wrote in FOCUS section a, on page 4.**
- [After everyone shares their FOCUS, *emphasize* the following:]
- **This week, after finishing your FOCUS and RESPOND, do the FOLLOW THROUGH on the bottom of page 4.**
- **The FOLLOW THROUGH is what really makes the difference. It will help you hear more clearly from God.**
- **Proverbs 4:7b in the Voice Bible says: *Now, whatever else you do, follow through to understanding.***
- **Take 10-15 minutes, at least 2 or 3 times in the next several days, to let God's Word work in your life.**
- **Any questions or comments?**
- **Let's close in prayer.**