

Train Yourself To Be Godly

1 Timothy 4:6–8 NIV

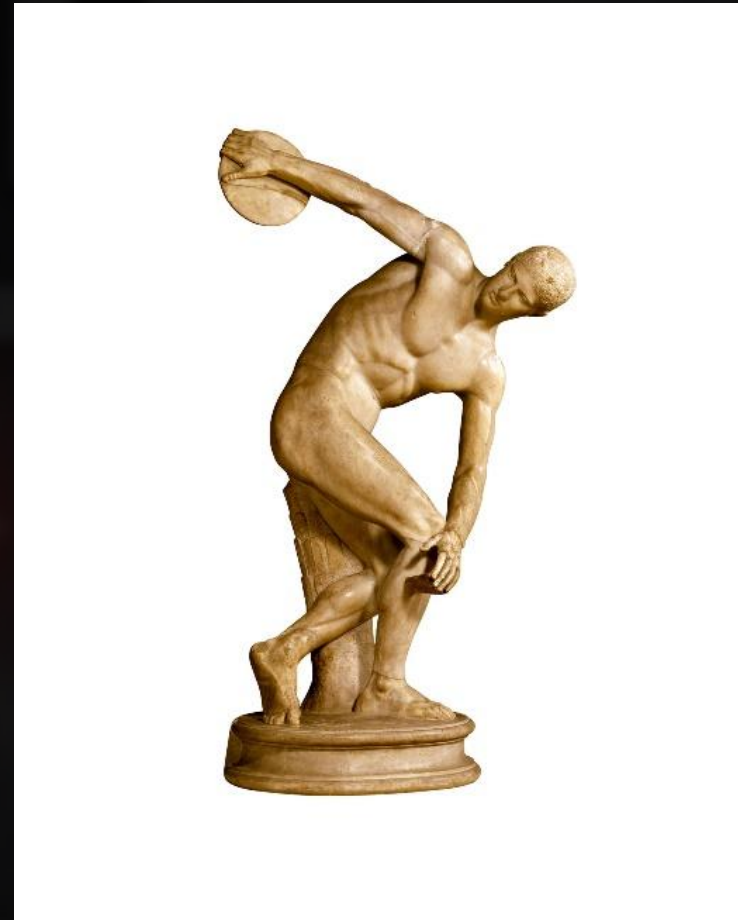
⁶ If you point these things out to the brothers and sisters, you will be a good minister of Christ Jesus, nourished on the truths of the faith and of the good teaching that you have followed. ⁷ Have nothing to do with godless myths and old wives' tales; rather, **train yourself to be Godly**. ⁸ For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come.

Train yourself

A word used to describe professional combat in ancient athletics and it means *to practice naked*

train or exercise = gymnazō

Athletes were driven by compulsion to be fit enough to win



**"Whatever the mind sets
itself on is what the man
walks after."**

Watchman Nee

1 Timothy 4:11–16 NIV

¹¹ Command and teach these things. ¹² **Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity.**

¹³ Until I come, **devote yourself** to the public reading of Scripture, to preaching and to teaching. ¹⁴ **Do not neglect your gift**, which was given you through prophecy when the body of elders laid their hands on you.

¹⁵ **Be diligent** in these matters; **give yourself wholly** to them, so that everyone may see your progress. ¹⁶ **Watch your life and doctrine** closely. **Persevere** in them, because if you do, you will save both yourself and your hearers.

Our example to others

1 Corinthians 10:23–24 ^{NLT}

₂₃ You say, “I am allowed to do anything”—but not everything is good for you. You say, “I am allowed to do anything”—but not everything is beneficial. ₂₄ Don’t be concerned for your own good but for the good of others.

1 Corinthians 10:12–13 ^{NLT}

₁₂ If you think you are standing strong, be careful not to fall. ₁₃ The temptations in your life are no different from what others experience.

Where do we need to be an example?

1 Timothy 4:12 ^{NIV} ...but set an example for the believers in:

- speech
- conduct
 - love
 - faith
- purity

1 Timothy 4:13–16 NIV

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2 Peter 1:3 NLT

³ By his divine power, God has given us everything we need for living a godly life. We have received all of this by coming to know him, the one who called us to himself by means of his marvellous glory and excellence.

"Spiritual people are not those who engage in certain spiritual practices; they are those who draw their life from a conversational relationship with God."

Dallas Willard



Hurry is
the enemy
of spiritual life
in our day...

You must
ruthlessly
eliminate
hurry
from your life.

—Dallas Willard

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